Principal's Message

Last week I attended the State Principal's conference. It was an opportunity to hear some great speakers, connect with other school leaders and see new resources that our school can use. One exciting thing was that I won a year's subscription for the whole school. This is an online maths program that I am sure the children and teachers will enjoy as a change from mathletics. You will hear more once it is set up. For the rest of this year, mathletics will continue.

It was also encouraging to hear that the direction that we are going at Parramatta West is what international speakers and thinkers are promoting. Parents can rest assured that your children's education is in good hands here.

I have also been offered a trial with a very new type of newsletter, which I hope will assist with some of our communication issues, as highlighted in the survey. This will cater for all - online, hard copy, languages. 2016 is looking exciting!

Wasn't the Art Show wonderful last week! I am SO PROUD of all our students and teachers.

Art Show - Curator's Choice Awards

Congratulations to the following students :-

Sajad KA Shulagna KB
Michelle 1M Damien 1H
Ajila 2A Hasnain 2G
Raydon 3B Elisha 3H
Het 4A Yousef 4H
Nairmeen 5M Elham 5M
Narges 5/6R Luisa 6M

Sleep

How much sleep do your children get? Do they have trouble falling asleep? Primary school children NEED 9-11 hours a night. It is during this time that their brain and body rests, recharges and grows. There are serious health consequences for people who do not get enough sleep. A recipe for going to bed and to sleep - set your alarm an hour before bedtime. Turn off electronic devices (or remove children from the room where the TV is on). This includes tablets, kindles, computers as well as TV. Turn down bright lights. This stimulates melatonin, which brings on sleep. Technology prevents this. Have a warm bath and go to bed - with a story, but not using technology. As someone who has had trouble sleeping all my life, I encourage you to get your children (and yourselves) into good habits now - it will make a difference.

Have a good week,

Anthea Donaldson
Principal

Class Awards

KA Mahrosh KB Rachel KD Naivedh
KN Kevin KR Vedansh KS Manikka
1F Abeeda 1H Jay Jay 1L Mafua
1M Gavinder 1N Rahil 2A Shreeyukta
2F Isabella 2G Sophia 2L Isabella
2/3J Asra 3B Taraksh 3H Luisa
3/4S Lujain 4A Hamza 4H Nataly
5C Matthew 5M Hassan 5/6R Riya
6M Abrar 6S Ritu K-2G Mustafa
1-4G Ronakh 3-5H Tyler
Stage News

Kindergarten

This Wednesday is our excursion to Blaxland Riverside park (weather permitting). We are all very excited to be finally going on this excursion. The permission notes should have been returned and your enrichment money paid up to date so that all the students can participate in a fun day out.

All students need to wear their school uniform with sport shoes and a hat. Students also need to bring fruit break, recess, a water bottle and their lunch in a throw-away plastic bag with your child’s name on it. Let’s cross our fingers for good weather and a fun day out!!

Miss Richards

Year 1 and Year 2

Tomorrow night is our K-2 disco! We hope students have bought their tickets already (which includes a drink and a snack). Glow products will be on sale before the disco starts. We hope everyone will have their dancing shoes on, as well as a Halloween costume!

Homework is due each Thursday. Please let class teachers know if you have any questions, but don’t leave it until Thursday to ask. Are you using reading eggs and mathletics at home? Remember there are apps available for download to use on android and smart phones.

Have another fantastic week!

Miss Langhans

Year 3

Didn’t the Art Show look fantastic last week? I hope that you all had a chance to come up and visit the Gallery and view your children’s artistic talents. Thank you to everyone who supported this event.

This Tuesday is our disco! Don’t worry, you still have a chance to buy your disco tickets tomorrow! The disco has a Halloween theme, so students are encouraged to dress up in costume (no masks please!). Glow products will also be on sale before the disco.

Today your child would have brought home a note about our visit from ‘Russ the Story Bus’. Please send back the slip regarding whether you wish for your child’s photo or video footage to be taken and used by ‘Russ the Story Bus’ for their media and publicity purposes. This exciting event is happening on Monday November 9th - in two weeks. Students need to bring in a book from home, which they are willing to swap for new book.

Have a fantastic week everyone!

Miss Stuart

Year 4 and Year 5

Last week students presented a prepared talk to their class. Personally, I was impressed with the research they undertook, their improving presentation skills and their ability to answer questions from the audience on the topic.

A reminder that applications for Selective High Schools opened on 13 October and will close on 16 November 2015, applications can only be made online at this time. For further information parents may go online to www.schools.nsw.edu.au/shsplacement or see Mr Clarke.

Finally, the school Disco will be held tomorrow night and it’s not too late to purchase a ticket.

Enjoy the week,
Mr Clarke

Year 6

This week we had a meeting with all of the students about the Mini Fete preparations. All students need to start bringing in their resources and equipment for their Mini Fete stalls. It is important for the student to be organised and prepared.

This week we also wish our 12 Dancesport dancers the best of luck as they compete in the competition on Tuesday. They will be travelling to Penrith with Miss Stuart and Mrs Rhodes to compete against 30 other schools. Good luck to:

"    Danielle & Arvin
"    Winnie & Rahul
"    Mikayla & Tolga
"    Jale & Adheem
"    Korina & Aro
"    Luisa & Harrison

This term parts of our homework will focus on social media and cyber bullying. These are topic areas that need to be addressed and discussed in great detail at this point in your child’s life. Being aware of your child’s use of social media and keeping the conversation open with regards to these issues is important.

23% of our Year 6 students have completed their 40 novel challenge, with many more almost there! Ask your child how close they are to achieving their goal.

Mrs Rhodes
Sports News

Congratulations to our Softball, T-Ball and Cricket winners in last week’s PSSA competition! The weather had us tricked early morning and we were unsure if the games were on, then we got the news and excitement filled the air as our students climbed onto the bus. Great teamwork PWPS, great coaching coaches! Back at school 3-6 sport was enjoyed by all as we rotated to the next sport. As we played, the sun came out and showed us what summer will be like under its full shine. Don’t forget to apply sunscreen daily as most students are out in the sun for fitness or play.

Students must wear a hat when at sport or play, so please check your child has a hat in their bag every day for their safety. School hats are available from our uniform shop, in the reading room in A-block, for a good price. Sunshades do not provide full protection, bucket hats or caps are school uniform.

K-2 has enjoyed sport and fitness skills daily across our playgrounds and field. Please see your child’s teacher for their exact days and if you can help.

All students need to wear their sports uniform on sport days for comfort and movement ease as they work on their skills. Now the weather is getting warmer make sure your child is wearing light weight clothing suitable for action in the sun, or layers to be removed when necessary.

Halloween School Disco

PWPS Hall - 27th October 2015
K - 2  4pm - 5.30pm
3 - 6  6pm - 7.30pm

All students K-6 must be picked up by a parent/carer
Cost is $5 includes entry, drink & snack
Dress in your favourite costume NO MASKS. Glow products will be available for purchase.

Whooping cough information for schools

There is an outbreak of whooping cough (pertussis) in NSW, mainly affecting school-aged children.

Coughing spreads the infection to others nearby. Whooping cough can spread to anyone at home, including younger brothers and sisters. Whooping cough can be especially dangerous for babies.

Whooping cough starts like a cold and progresses to bouts of coughing that can last for many weeks. The infection can occur even in fully-vaccinated children. Older children may just have a cough that is persistent and may be worse at night.

• Children with these symptoms should see a doctor.
• If your doctor diagnoses whooping cough in your school-aged child, please let the school know and keep your child at home until they have taken 5 days of antibiotics. Keep coughing children away from babies.
• Whooping cough vaccines give good protection against infection but immunity fades with time. Check that all your children are up to date with their vaccines, due at 6 weeks, 4 months, 6 months, 4 years and 12 years of age (offered to all Year 7 students through the NSW school-based vaccination program). A booster is also recommended at 18 months of age.

A booster dose of vaccine is also recommended for adults that are in contact with young children, such as school staff and parents. Pregnant women are recommended to have a booster dose during each pregnancy and this is funded by NSW Health. Those who are new parents or carers of babies should consult their general practitioner about appropriate immunisation.

Your local public health unit can provide advice about whooping cough on 1300 066 055 or visit the NSW Health website for information for childcare and schools about whooping cough.

Library News

• Parent Workshop will be on this week Monday at 2.15pm. We will be talking about Reading on the internet...
• If you are planning an early holiday or are leaving the school please don’t forget to return any library books and home readers.
• Please do not try to repair a damaged book at home. Return it and I will repair it.
• There are a number of children with overdue loans. Please check carefully for these as your child cannot borrow if they are not returned.